

## Appendix E: Leg Ulcer Measurement Tool

Item/Domain	Response Categories	Score					
		Date (mm/dd/yyyy)					
		_/_/_	_/_/_	_/_/_	_/_/_	_/_/_	_/_/_
<b>(A) CLINICIAN RATED DOMAINS</b>							
A1. Exudate type	<b>0</b> None <b>1</b> Serosanguinous <b>2</b> Serous <b>3</b> Seropurulent <b>4</b> Purulent						
A2. Exudate amount	<b>0</b> None <b>1</b> Scant <b>2</b> Small <b>3</b> Moderate <b>4</b> Copious						
A3. Size (from edge of advancing border of epithelium)	<b>(Length x Width)</b> <b>0</b> Healed <b>1</b> <2.5 cm <sup>2</sup> <b>2</b> 2.5-5.0 cm <sup>2</sup> <b>3</b> 5.1-10.0 cm <sup>2</sup> <b>4</b> 10.1 cm <sup>2</sup> or more						
A4. Depth	<b>Tissue Layers</b> <b>0</b> Healed <b>1</b> Partial thickness skin loss <b>2</b> Full thickness <b>3</b> Tendon/joint capsule visible <b>4</b> Probes to bone						
A5. Undermining	<b>Greatest at ___ o'clock</b> <b>0</b> 0 cm <b>1</b> >0 – 0.4 cm <b>2</b> >0.4 – 0.9 cm <b>3</b> >0.9 – 1.4 cm <b>4</b> >1.5 cm						
A6. Necrotic tissue type	<b>0</b> None <b>1</b> Loose white to yellow slough <b>2</b> Attached white to yellow slough or fibrin <b>3</b> Soft grey to black eschar <b>4</b> Hard dry black eschar						

<p>A7. Necrotic tissue amount</p>	<p><b>0</b> None visible  <b>1</b> 1 to 25% of wound bed covered  <b>2</b> 26 to 50% of wound bed covered  <b>3</b> 51 to 75% of wound bed covered  <b>4</b> 76 to 100% of wound bed covered</p>						
<p>A8. Granulation tissue type</p>	<p><b>0</b> Healed  <b>1</b> Bright beefy red  <b>2</b> Dusky pink  <b>3</b> Pale  <b>4</b> Absent</p>						
<p>A9. Granulation tissue amount</p>	<p><b>0</b> Healed  <b>1</b> 76 to 100% of wound bed covered  <b>2</b> 51 to 75% of wound bed covered  <b>3</b> 26 to 50% of wound bed covered  <b>4</b> 1 to 25% of wound bed covered</p>						
<p>A10. Edges</p>	<p><b>0</b> Healed  <b>1</b> ≥50% advancing border of epithelium or indistinct borders  <b>2</b> &lt; 50% advancing border of epithelium  <b>3</b> Attached, no advancing border of epithelium  <b>4</b> Unattached or undermined</p>						
<p>A11. Perilucer skin viability</p> <ul style="list-style-type: none"> <li>- callus</li> <li>- dermatitis (pale)</li> <li>- maceration</li> <li>- induration</li> <li>- erythema (bright red)</li> <li>- purple blanchable</li> <li>- purple non-blanchable</li> <li>- skin dehydration</li> </ul>	<p><b>Number of factors affected</b>  <b>0</b> None  <b>1</b> One only  <b>2</b> Two or three  <b>3</b> Four or five  <b>4</b> Six or more factors</p>						
<p>A12. Leg edema type</p>	<p><b>0</b> None  <b>1</b> Non-pitting or firmness  <b>2</b> Pitting  <b>3</b> Fibrosis or lipodermatosclerosis  <b>4</b> Indurated</p>						

A13. Leg edema location	<ul style="list-style-type: none"> <li>0 None</li> <li>1 Localized periulcer</li> <li>2 Foot, including ankle</li> <li>3 To mid calf</li> <li>4 To knee</li> </ul>						
A14. Assessment of bioburden	<ul style="list-style-type: none"> <li>0 Healed</li> <li>1 Lightly colonized</li> <li>2 Heavily colonized</li> <li>3 Localized infection</li> <li>4 Systemic infection</li> </ul>						
<b>Total – (A) CLINICIAN RATED DOMAINS:</b>							
<b>(B) PATIENT (PROXY) RATED DOMAINS</b>							
<p>B1. Pain amount (as it relates to the leg ulcer)</p> <p><i>Rate your pain, experienced in the last 24 hours, on a scale from 0 to 10, where 0 is “no pain” and 10 is the “worst pain”.</i></p>	<p><b>Numerical rating scale (0 – 10)</b></p> <ul style="list-style-type: none"> <li>0 None</li> <li>1 &gt;0 – 2</li> <li>2 &gt;2 – 4</li> <li>3 &gt;4 – 7</li> <li>4 &gt;7</li> </ul>						
<p>B2. Pain frequency (as it relates to the leg ulcer)</p> <p><i>“Which of the following terms best describes how often you have had pain in the last 24 hours?”</i></p>	<ul style="list-style-type: none"> <li>0 None</li> <li>1 Occasional</li> <li>2 Position dependent</li> <li>3 Constant</li> <li>4 Disturbs sleep</li> </ul>						
<p>B3. Quality of life (as it relates to the leg ulcer)</p> <p><i>“How do you feel about the quality of your life at the present time?”</i></p>	<ul style="list-style-type: none"> <li>0 Delighted</li> <li>1 Satisfied</li> <li>2 Mixed</li> <li>3 Dissatisfied</li> <li>4 Terrible</li> </ul>						
<b>Total – (B) PATIENT (PROXY) RATED DOMAINS:</b>							
<b>Proxy Completed by:</b>							
<b>Total LUMT Score:</b>							