

## Breakout Exercise – Examples of Objectives & Activities

**“Diabetes is a major issue in the community. The health centre wants to screen for diabetes and provide follow-up for those at risk.”**

### Patient Navigator Objectives

- 1 - Increase preventive screenings
- 2 - Build one-on-one rapport with the target patients.
- 3 - Provide education to patients about the importance of preventive screening
- 4 - Decrease barriers to accessing the health care system
- 5 - Ensure that patients make it to the screening appointment
- 6 - Measure screening results outcomes over time

### Match Above Objectives (1-6) to Activities Listed:

Objective(s) #	Activities
	Ensure informed patient consent
	Identify eligible/at-risk patients
	Provide outreach to at-risk patients
	Meet with community networks to ‘spread the word’
	Work with community members to identify availability/barriers such as transportation, child care, etc.
	Network with members of the team to support patient attendance
	Follow-up with “no shows”
	Review daily schedule/pull charts of appropriate/flagged patients
	Place referral or reminder in chart for MRP to complete (as needed)
	Educational materials geared to the needs of the patient (health literacy)
	Track screening results
	Meeting with team member to review results
	Provide feedback to community networks