**Biopsychosocial Assessment Form-Breakout Exercise**

**Keep in Mind-Strengths Based Thinking**

|  |  |  |
| --- | --- | --- |
| **Domain** | **Health Issues** | **Open-Ended Questions** |
| Physical/Biological |  |  |
| Psychological |  |  |
| Emotional |  |  |
| Spiritual |  |  |
| Social-Ethno-Cultural |  |  |
| Practical |  |  |
| Environment/Living Situation |  |  |
| Occupation/Work Situation |  |  |
| Informational |  |  |
| Cognitive Capacity |  |  |
| Self-Management Capacity |  |  |
| System Navigation |  |  |