

Observer Rating Form – Putting Things Together

In your small groups of 3, work through some interactions between the client and clinician while they discuss some difficult decisions they have had to make. Make note of what you observe of the clinicians demonstrating the Spirit of MI, using the OARS, and eliciting CHANGE talk during these interactions.

Interaction 1

	1	2	3	4	5
	Minimally	Moderately	Strongly	Strongly	Very Strongly
To what extent did the Clinician demonstrate the Spirit of MI?	1	2	3	4	5
The Clinician <u>broadly</u> demonstrated the Spirit of MI by:					
Expressing Compassion	1	2	3	4	5
Expressing Acceptance	1	2	3	4	5
Expressing Partnership	1	2	3	4	5
Expressing Evocation	1	2	3	4	5
The clinician used the following elements of the OARS:					
Open-Ended Questions	Yes		No		
Affirmations	Yes		No		
Reflective Listening	Yes		No		
Summary Statements	Yes		No		

NOTES (e.g., Provide examples of skills detected, questions posed, your own suggestions....)

CHANGE Talk:

Yes No

Explore change talk through		
DARN statements		
Desire		
Ability		
Reason		
Need		
CAT statements		
Commitment		
Activation		
Taking Steps		
Using scaling to assess		
Readiness		
Importance		
confidence		