

Skin and Wound Care Basic Outline

Course Objectives:

By the end of the course, you will be able to

- Develop an understanding of healthy vs impaired skin integrity, particularly in the elderly or medically compromised individual.
- Be able to identify the ‘warning signs’ of skin breakdown and strategies to prevent skin breakdown.
- Understand the key dressing types and how/when they should be used/changed.
- Review the importance of documentation and communication with other members of the healthcare team.
- Engage in opportunities to share/learn from others in a safe, respectful environment

Course Page: <https://hlln.info.yorku.ca/skin-wc-basics-for-psws-13-01-2021/>

Delivery Method:

- Online – Zoom ID: **976 210 1144**
- Jan 13th, 20th, 27th 2021

Course Schedule

Lesson topics	
Lesson 1	<ul style="list-style-type: none"> • Overview of Skin Function & Skin Health
Lesson 2	<ul style="list-style-type: none"> • Risk and Prevention of Skin Breakdown (elderly)
Lesson 3	<ul style="list-style-type: none"> • Back to Basics (management)
Lesson 4	<ul style="list-style-type: none"> • Skin Tear and Pressure Injury/Ulcers (Bedsore)
Lesson 5	<ul style="list-style-type: none"> • Chronic Wounds (diabetic foot ulcers, venous leg ulcers ect)
Lesson 6	<ul style="list-style-type: none"> • Types of dressings/use • Documentation and Communication re: skin/wound care • Wrap Up