**Breakout Exercise #1**

Prior to today you were asked to review the article “Use Your Words Carefully: What is a Chronic Disease”

Please spend time discussing the following question:

What is important to consider when thinking about the definition of chronic disease/condition?

You may want to think about the characteristics of chronic diseases/conditions:

Beginning

Cause

Duration

Diagnosis

Tests

Treatments

Role of the professionals

Role of the person with the chronic disease/condition