**Evaluation of a Health Coaching Program Across Disease Conditions - Worksheet**

Review the Article: Lin S, Xiao LD, Chamberlain D. A nurse-led health coaching intervention for stroke survivors and their family caregivers in hospital to home transition care in Chongqing, China: a study protocol for a randomized controlled trial. Trials. 2020 Mar 4;21(1):240.

1. What were the components of the coach program?

2. What process outcomes were measured?

3. How was fidelity of the coaching or program defined and measured?

4. What clinical and health care utilization indicators were evaluated?