

## Skin and Wound Care Basic Outline

### Course Objectives:

By the end of the course, you will be able to

- Develop an understanding of healthy vs impaired skin integrity, particularly in the elderly or medically compromised individual.
- Be able to identify the ‘warning signs’ of skin breakdown and strategies to prevent skin breakdown.
- Understand the key dressing types and how/when they should be used/changed.
- Review the importance of documentation and communication with other members of the healthcare team.
- Engage in opportunities to share/learn from others in a safe, respectful environment

### Delivery Method:

- Online – Zoom ID: **976 210 1144**
- April 12, 19 & 26

### Course Schedule

Lesson topics	
Lesson 1	<ul style="list-style-type: none"> <li>• Overview of Skin Function &amp; Skin Health</li> </ul>
Lesson 2	<ul style="list-style-type: none"> <li>• Risk and Prevention of Skin Breakdown (elderly )</li> </ul>
Lesson 3	<ul style="list-style-type: none"> <li>• Back to Basics (management)</li> </ul>
Lesson 4	<ul style="list-style-type: none"> <li>• Skin Tear and Pressure Injury/Ulcers (Bedsore)</li> </ul>
Lesson 5	<ul style="list-style-type: none"> <li>• Chronic Wounds (diabetic foot ulcers, venous leg ulcers ect)</li> </ul>
Lesson 6	<ul style="list-style-type: none"> <li>• Types of dressings/use</li> <li>• Documentation and Communication re: skin/wound care</li> <li>• Wrap Up</li> </ul>